

America's Food Supply: Health & Homesteading



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IMA's Four Pillars

Combating Chronic Disease

Patient Empowerment

Transparency in Medicine

Building a Healthy Culture

Malone Farm







































Martenson Farm





































































Great Taste Award 2017
The Wageningen Family
The quality of our eggs is guaranteed by the Great Taste Award. This award is given to products that are of exceptional quality and taste. The Wageningen Family is proud to have won this award for our eggs.

Grade	Weight	Price
Grade A	50g	1.20
Grade A	100g	2.40
Grade A	150g	3.60
Grade A	200g	4.80
Grade A	250g	6.00
Grade A	300g	7.20
Grade A	350g	8.40
Grade A	400g	9.60
Grade A	450g	10.80
Grade A	500g	12.00

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Food Supply: Health and Homesteading

Ryan Cole, MD AP/CP, Organic Farmer

“There are two spiritual dangers in not owning a farm. One is the danger of supposing that breakfast comes from the grocery, and the other that heat comes from the furnace.”

Aldo Leopold

'A thing is right when it tends to preserve the integrity, stability, and beauty of the biotic community. It is wrong when it tends otherwise.'




Do You Know Your Local Farmer?



EAT REAL FOOD,
NOT “FOOD LIKE SUBSTANCES”

Who Grows Your Food?





FARMERS YOU CAN TRUST. FOOD YOU CAN TRACE.



APARTMENT GARDENING





URBAN HOMESTEADING



Good Earth



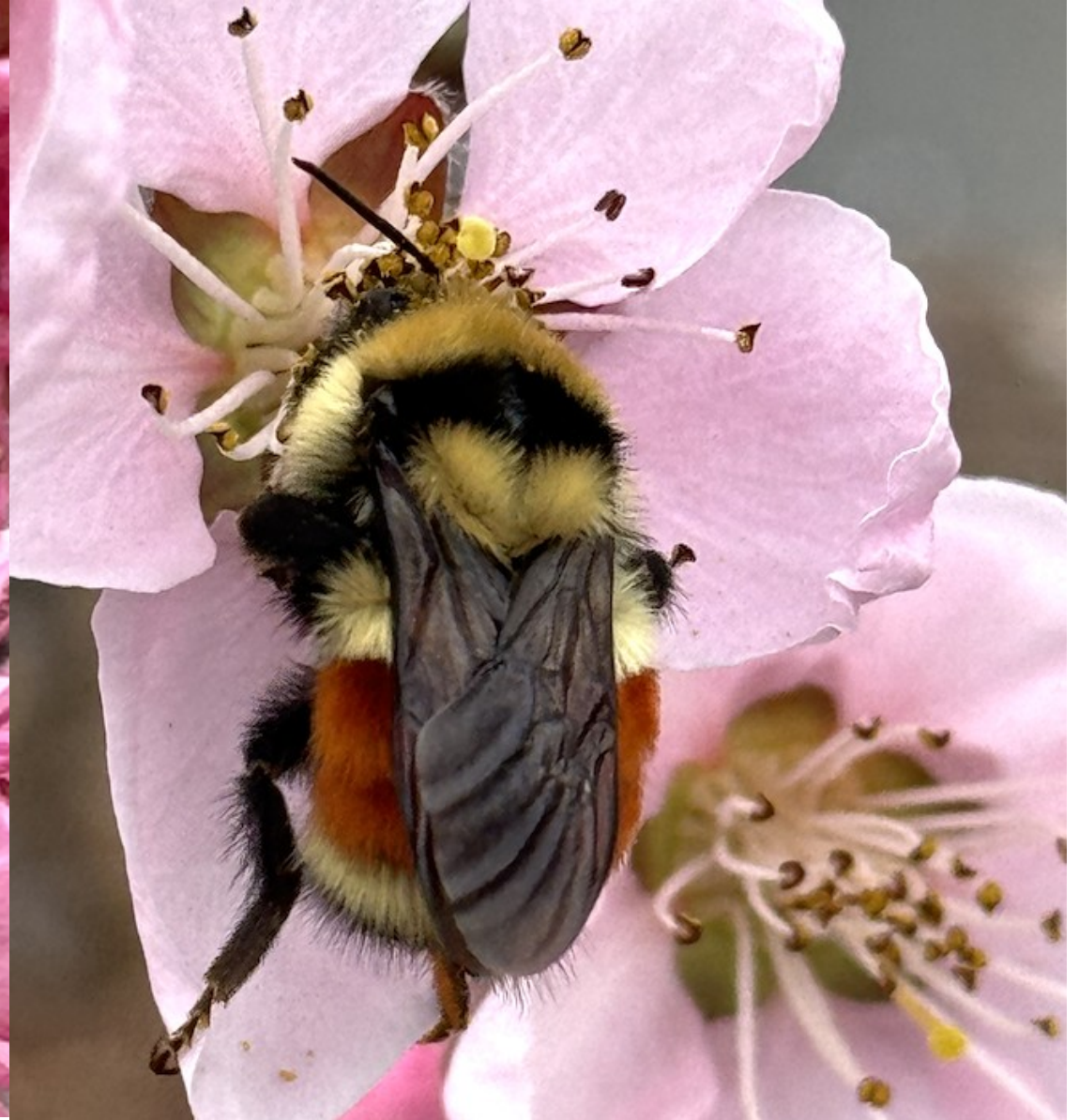
Soil is an antidepressant

The smell of **mycobacterium vacii**, a microorganism found in soil, compost and leaf mold, lights up neurotransmitters that release **serotonin** (a mood-lifting hormone)

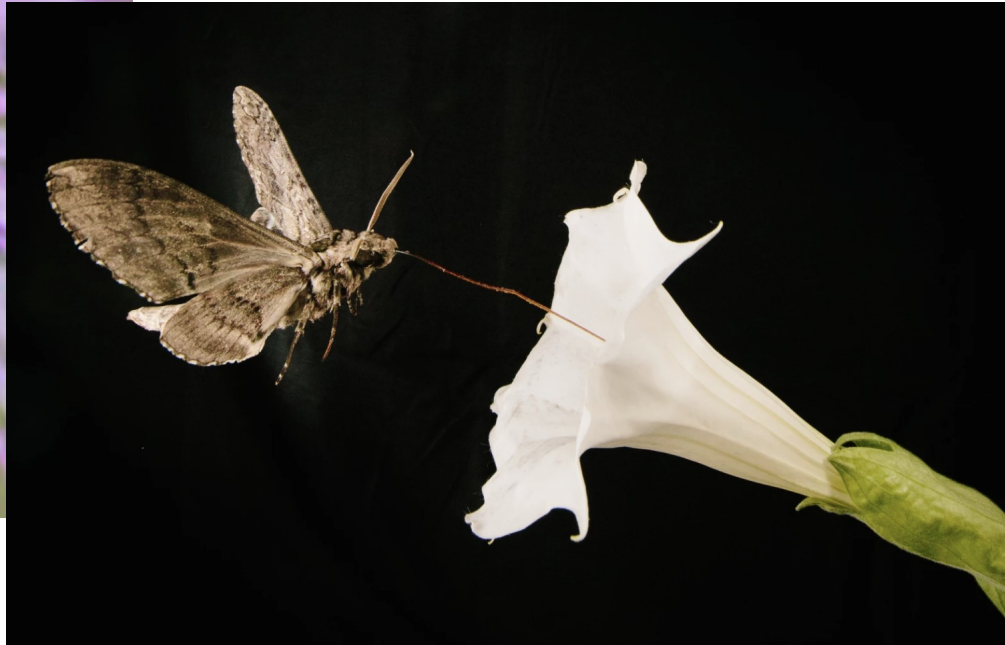


THE IMPORTANCE OF HEALTHY POLLINATORS (THEY ARE THREATENED)









BLOOM WHERE YOU ARE PLANTED HOMESTEADING



HOMESTEADING

JOY IS FOUND IN THE JOURNEY

- THE WORK, THE SWEAT, THE TOIL
 - THE OUTDOORS
 - SUNSHINE
- THE DANCE WITH NATURE'S SYMPHONY OF MOVEMENT AND SOUND
 - THE ANTICIPATION
- THE SMELLS, TEXTURE, COLORS, FLAVORS
 - THE SHARING

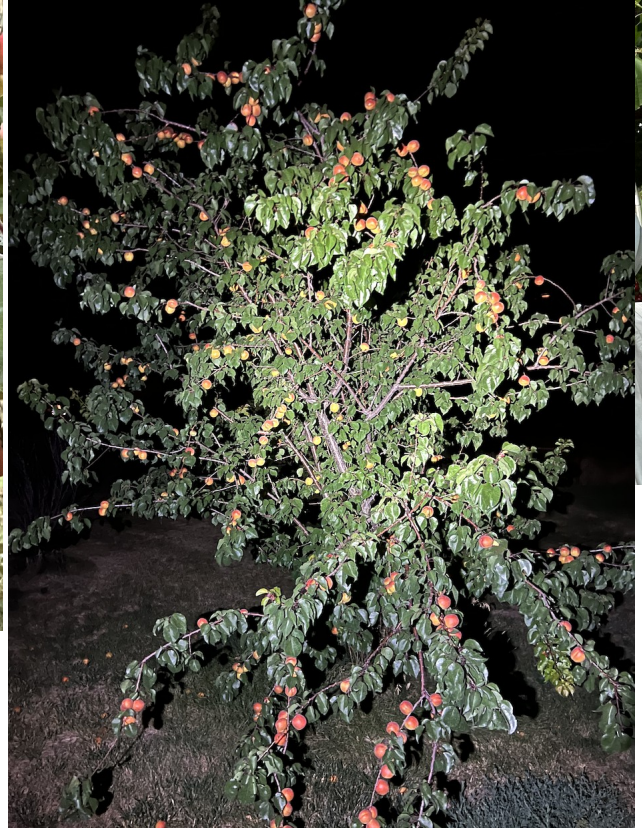
























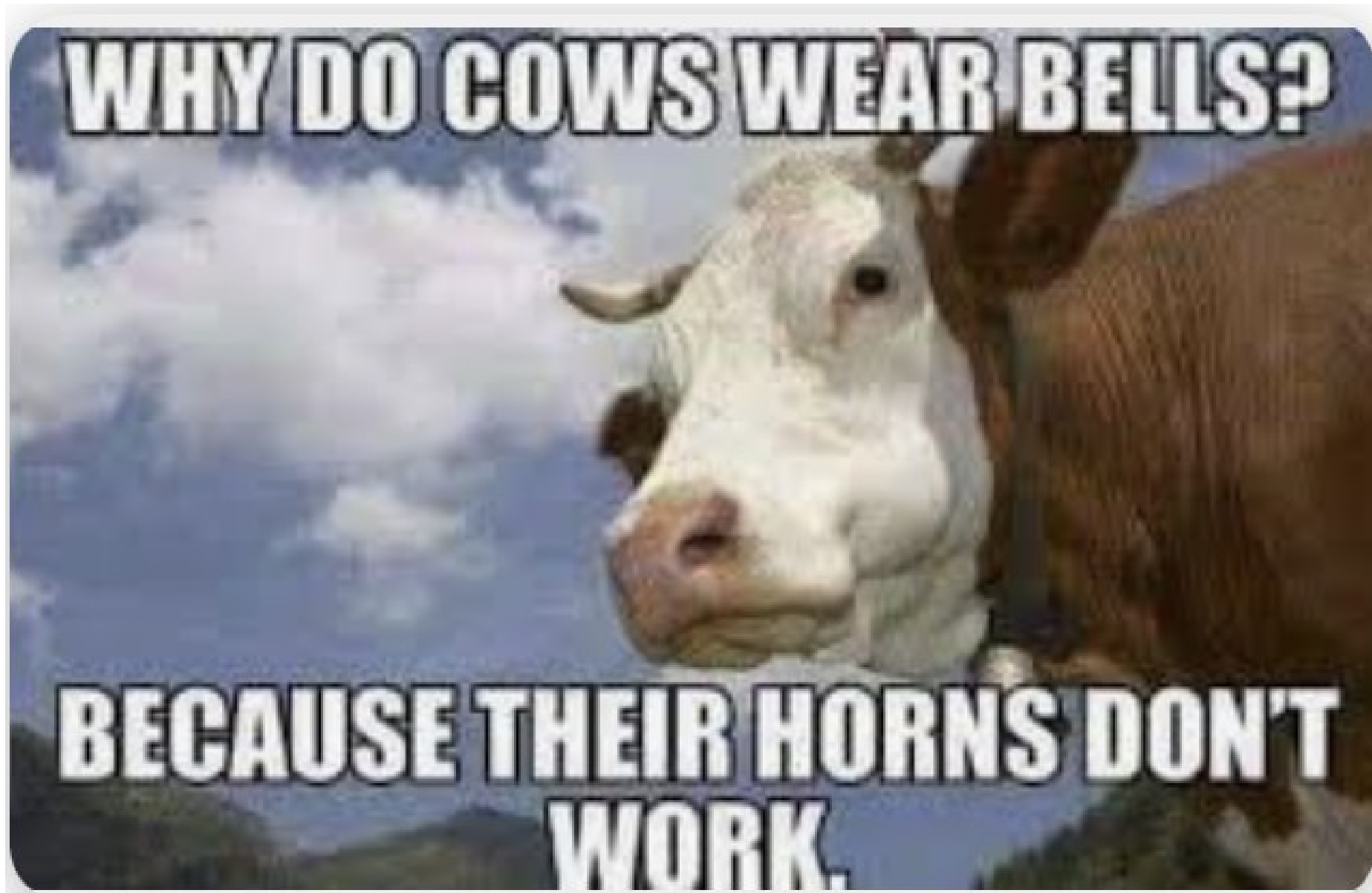






WHY DO COWS WEAR BELLS?

**BECAUSE THEIR HORNS DON'T
WORK.**





What do you call a
cow with a twitch?



Beef jerky





JUST TO BE CLEAR



Steak is already plant
based



GROW/PRESERVE/SHARE



A close-up photograph of a large, dark green zucchini. A semi-transparent black rectangular box is overlaid on the right side of the zucchini, containing white text.

TEACH A MAN TO FISH, HE
EATS FOR A DAY. TEACH
HIM TO GARDEN, AND THE
WHOLE NEIGHBORHOOD
GETS A ZUCCHINI.

A photograph of a man with a white beard and sunglasses, wearing a camouflage jacket and a baseball cap. He is kneeling in a grassy field, holding a shotgun horizontally. A Siamese cat is sitting to his left. In front of him is a large pile of harvested zucchinis. The image is framed by black bars at the top and bottom containing white text.

OPENING DAY OF

ZUCCHINI SEASON

PLEASE PASS THE POISON



GLYPHOSATE- THE ANTIBIOTIC YOU CONSUME WITHOUT
INFORMED CONSENT

THE CORPORATRE PRACTICE OF MEDICINE WITHOUT A LISENCE

HISTORY OF GLYPHOSATE

There are three separate patents on glyphosate, each for a different use.

Glyphosate was first patented in 1964 by Stauffer Chemical as a metal chelator that was used to clean or descale commercial boilers and pipes (United States Patent 3,160,632). Glyphosate binds to and removes minerals such as manganese, zinc and cobalt that are vital to human and animal health (Johal 2009).

A second patent was filed in 1974 by Monsanto as an herbicide (United States Patent 3,799,758). Monsanto claims that glyphosate, which kills plants by disrupting the shikimate pathway, has no effect on humans because the shikimate pathway is not present in mammals. However, several studies now suggest harm to mammals from glyphosate based herbicides through a variety of different mechanisms (Myers 2016, Ibrahim 2016a).

In 2003, Monsanto filed for a third patent on glyphosate as a parasitic control type antimicrobial, or antibiotic (United States Patent 7,771,736). This patent was granted in 2010. It is proposed that glyphosate be used as a treatment for microbial infections and parasitic control of various diseases such as malaria. The microbiota of humans and animals, however, plays an important role in their immune systems (Purchiaroni 2013). Glyphosate based herbicides may act as an antibiotic, harming beneficial animal gut bacteria (Ackermann 2014, Shehata 2013, Schrödl 2014).

But it is a little known fact that **glyphosate is a potent antibiotic**. So potent that Monsanto, the St. Louis, Missouri manufacturer of glyphosate and Roundup, filed patents for glyphosate as an antibiotic (United States Patent 7,771,736). As an antibiotic, glyphosate is oddly effective against *Lactobacillus*, *Bifidobacteria*, and *Enterococcal species*, species regarded as beneficial to humans and included in virtually all probiotic supplements, while it is ineffective against species like *Clostridium perfringens* and *Clostridium botulinum* (increased in kids with autistic spectrum disorder) and *Salmonella*. In other words, glyphosate exposure disrupts the composition of the microbiome, selectively eradicating or reducing beneficial microbes while selecting for proliferation of unhealthy species.

HIGH FRUCTOSE CORN
SYRUP is POISON

SEED OILS ARE POISON

REGENERATIVE FARMING
MAKE SOIL ALIVE AND GREAT AGAIN
FIND MENTORS
LEARN FROM THE BEST



IF YOU LOVE A

FARMER

RAISE YOUR HAND.

IF NOT, RAISE YOUR

STANDARDS



She asked me to
whisper three sexy
words in her ear, so
I told her.....
I'm a farmer





