

2025 Policy Priorities: *A Vision for Honest Medicine and Health Reform*



At a time when the health of Americans ranks among the worst in the developed world, the Independent Medical Alliance (IMA) is calling for a fundamental shift in health policy. We dare to question the “settled science” that has failed the public and expose the systemic flaws that continue to erode trust in healthcare. The policy priorities outlined below reflect a multifaceted, whole-of-government approach to rebuilding our medical system—centered on scientific integrity, informed consent, and patient-first care. These policies areas are our foundation:

COMBATTING CHRONIC DISEASE



- Dietary Model Overhaul
- Diabetes and Insulin Resistance
- Vitamins, Nutraceuticals & Repurposed Drugs
- Obesity Education and Prevention

PATIENT EMPOWERMENT



- Outlaw all Medical Mandates and Codify Exemptions
- End COVID-Era Emergency Use Authorization (EUA)
- Parent's Bill of Rights to Preserve Medical Decisions
- Vaccine Policy Reform
- Prohibit Pharmacy/Insurance Interference in Meds Fulfillment
- Outlaw Gag Clauses & Social Credit-Style Doctor Ratings
- Right-to-Try and Informed Consent
- Support Independent Physicians
- Ban Gender-Affirming Care in Minors
- Invalidate Anonymous Complaints Against Doctors

TRANSPARENCY IN MEDICINE



- Reforming the FDA
- Reform in Medical Education
- Executive Order on Drug Ads & Manufacturing
- Global Health Policy Independence
- Comparative Vaccine Data
- Federation of State Medical Boards

PROMOTE HEALTH CULTURE



- Public Education & Messaging
- Family, Autonomy & Informed Values
- Mental, Emotional & Spiritual Wellness
- School & Community Transformation



POLICY PILLAR 1: COMBATTING CHRONIC DISEASE

Shifting from treatment to prevention by transforming our nation's understanding of nutrition, lifestyle, and root-cause medicine.

1

- **Dietary Model Overhaul** – Replace outdated food pyramids with evidence-based guidelines and food-as-medicine principles.
- **Diabetes & Insulin Resistance** – Promote diet, lifestyle, & early interventions as first-line defense.
- **Vitamins & Minerals** – Update RDA guidelines and prioritize deficiencies linked to chronic illness.
- **Obesity Education** – National efforts to address obesity with honest education & lifestyle reform.

POLICY PILLAR 2: PATIENT EMPOWERMENT

Restoring autonomy & the right to make informed decisions about personal health & family medical choices.

2

- **Outlaw Mandates & Protect Exemptions** – Codify medical, religious, & philosophical exemptions.
- **Parental Rights Bill** – Affirm parents' authority in medical decisions for their children.
- **Right-to-Try & Informed Consent** – Expand access to safe, cost-effective repurposed and off-label drugs, holistic, and alternative therapies.
- **Support Independent Doctors** – End coercive incentives, non-competes, restore doctor-patient trust
- **Ban Gender-Affirming Care in Minors** – Prohibit irreversible interventions for children.

POLICY PILLAR 3: TRANSPARENCY IN MEDICINE

Demanding accountability, clarity, and scientific integrity across government, pharma, and academia.

3

- **FDA Reform** – Remove conflicts of interest and reclassify gene therapies properly.
- **End EUA & Reform Vaccine Policy** – Sunset COVID-era emergency authorizations and overhaul schedules.
- **Comparative Vaccine Data** – Require honest, long-term safety studies and public reporting.
- **Global Health Policy Independence** – Remove WHO influence & reject gain-of-function research.
- **Federation of State Medical Boards** – Investigate & restructure authority over physicians.

POLICY PILLAR 4: PROMOTING HEALTH CULTURE

Empowering Americans with the knowledge and tools to reclaim their health and well-being.

4

- **Public Education Campaigns** – Redefine health with honest messaging on sleep, nutrition, movement, and mindset.
- **Mental, Emotional & Spiritual Wellness** – Prioritize non-pharma tools for managing stress and depression.
- **School & Community Transformation** – Bring holistic health into schools, homes, & neighborhoods.
- **Family & Autonomy Values** – Uphold the right to choose what goes into your body & your child's.

The Independent Medical Alliance is not just outlining what needs to change—we are offering the scientific expertise and policy framework to make it happen. With your support, we will continue advocating, educating, and holding institutions accountable.

To stay informed or support our mission, visit [IMAHealth.org](https://www.imahealth.org).