Cancer Webinar May 28, 2025

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Year	New Cases	DEATHS/ Year	DEATHS/ Day
2013	1,660,290	80,350	1,590
2014	1,665,540	585,720	1,605
2015	1,658,370	589,430	1,615
2016	1,665,210	595,690	1,632
2017	1,688,780	600,920	1,646
2018	1,743,350	609,640	1,670
2019	1,762,450	606,880	1,663
2020	1,806,590	606,520	1,662
2021	1,898,160	608,570	1,667
2022	1,918,030	609,360	1,670
2023	609,360	609,360	1,671
2024	609,360	611,720	1,676
Increase	17%	5.1%	5.1%



#### **Risk of Turbo Cancers**

- Epidemiological data from the USA, UK and Japan indicate that there has been an abrupt increase in the incidence of cancers beginning in 2021 and continuing into 2023 (following the widespread use of the COVID-19 vaccination).
- As **Covid-19 vaccination is a "systemic disorder**", cancer may develop in any organ system, including those traditionally considered rare.
- According to Craig Paardekooper's analysis of the VAERS database the risk of cancer is greatest for the appendix, followed by breast cancer, colorectal cancer laryngeal cancer, endometrial cancer and hepatic cancer.



#### **References:**

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- 4. Paardekooper C. Cancer and COVID vaccines. Medrxiv. 2023.
- 5. Akkus E, Karaoglan B, Akyol C, Ünal AE, Kuzu MA, Savaş B, et al. Types and Rates of COVID-19 Vaccination in Patients With Newly Diagnosed Microsatellite Stable and Instable Non-Metastatic Colon Cancer. Cureus. 2024;16(6):e61780.
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#### **Excess Deaths**





#### **Excess Deaths**





#### **Conventional Theory of Cancer**

The conventional theory is that cancer is caused by genetic mutations/genomic instability, which drives a population of cells with the following six "classic" biological properties

- 1. Sustaining proliferative signaling
- 2. Evading growth suppressors
- 3. Resisting cell death (apoptosis)
- 4. Enabling replicative immortality
- 5. Inducing angiogenesis
- 6. Activating invasion and metastasis

Cell, Vol. 100, 57-70, January 7, 2000, Copyright ©2000 by Cell Press

#### The Hallmarks of Cancer

Douglas Hanahan\* and Robert A. Weinberg<sup>†</sup>



#### Cancer as a Metabolic Disease

On the Origin, Management, and Prevention of Cancer



Thomas N. Seyfried

WILEY

#### TRIPPING over the TRUTH

How the **Metabolic Theory of Cancer** Is Overturning One of Medicine's Most Entrenched Paradigms



TRAVIS CHRISTOFFERSON, MS Foreword by Dominic D'Agostino, PhD



## Warburg Effect



Aerobic Glycolysis Defective Mitochondria





# Warburg Effect

The Warburg effect is characterized by metabolic reprogramming in cancer cells, favoring glycolysis over oxidative phosphorylation even under aerobic conditions. This shift involves upregulation of glycolytic enzymes and downregulation of tumor suppressors that normally restrict glycolysis.



INDEPENDENT

MEDICAL ALLIANCE

PGAM1 Phosphoglycerate Mutase 1

LDHA Lactate Dehydrogenase A

PKM2, an isoenzyme of pyruvate kinase

PFK Phosphofructokinase

# Warburg Effect

Enzyme/ Regulatory FactorN	Iormal Role	Change in Warburg Effect	Functional Impact
GLUT1/GLUTs	Glucose transporters Phosphorylates	Upregulated	Enhances glucose uptake to fuel glycolysis glycolysis
HK2	glucose to glucose-6 phosphate Upregulated		Traps glucose in cells, committing it to
РКМ2	Catalyzes PEP to pyruvate (glycolysis) Upregulated		Less active isoform allows glycolytic intermediate accumulation for biosynthesis
LDHA	Converts pyruvate to lactate	Upregulated	Regenerates NAD to sustain glycolysis and exports lactate to acidify the microenvironment
PDK	Inhibits pyruvate dehydrogenase (PDH)	Upregulated	Reduces acetyl-CoA entry into TCA cycle, favoring lactate production
PGAM1	Converts 3-phosphoglycerate to 2- phosphoglycerate	Upregulated	Supports alternative glycolytic flux without ATP generation
PFK	Rate-limiting enzyme in glycolysis	Upregulated	Accelerates glycolytic flux
HIF-1α	Hypoxia-inducible transcription factor	Upregulated	Activates glycolytic genes (e.g., GLLUT1, LDHA) under low oxygen
с-Мус	Transcription factor	Upregulated	Drives expression of HK2, LDHA, PDK1, and GLUT1
p53	Tumor suppressor	Downregulated	Loss of function reduces inhibition of glycolysis and promotes TIGAR downregulation



# Role of the Nucleus and Mitochondria in the Origin of Cancer



Seyfried, Cancer as a Metabolic Disease, 2012 John Wiley Press; Seyfried et al., 2015, Frontiers Cell & Dev. Biol.







#### **Tumor Microenvironment**





### Cancer: (NOT) A Parasitic Disease?





### The Hallmarks of Cancer Marik & Hope 2025





# Ranking of Agents Targeting Glycolytic Enzymes (Warburg Effect)

Rank	Agent	Effectivness	Key Enzyme Targeted
1	EGCG	High	GLUT1, HK2, PKM2, HIF-1a
2	Salforaphane	High	HK2, PKM2, LDHA, GLUT 1
3	Ivermectin	High	GLUT4, HK2, PDK, HIF-1a
4	Resveratrol	High	HIF-1a, PDK1
5	Melatonin	High	GLUT1, ENO1, LDHA
6	Vitamin D	Moderate High	GLUT1, HK2, LDHA



# Ranking of Agents Targeting Glycolytic Enzymes (Warburg Effect)

Rank	Agent	Effectivness	Key Enzyme Targeted
7	Fembendazol	Moderate	GLUT1, HK2, LDHA
8	Metformin	Moderate	PDK, HIF-1a
9	Vitamin C	Moderate	GLUT1, LDHA
10	Quercitin	Moderate	HK2, LDHA
11	Docycyclin	Low	Indirect
12	Mebendazole	Low	Indirect



### Al Ranking Top 10 – Cancer Stem Cell Activity

Rank	Compound	Pathways Blocked (Strength of Evidence)	Safety
1	Ivermectin	Wnt, Hedgehog, Notch, NFκB, STAT3, P13K/Akt	Safe
2	Curcumin	Wnt, Hedgehog, Notch, NFκB, STAT3, TGF-beta	Safe
3	Sulforaphane	Wnt, Hedgehog, NFκB, STAT3	Safe
4	Doxycycline	Wnt, Hedgehog, Notch	Safe
5	EGCG	Wnt, STAT3, NFκB, Notch, P13K/Akt	Safe
6	Resveratrol	NFκB, STAT3, TGF-beta, P13K/Akt	Safe
7	Omega-3 (DHA)	STAT3, JAK-STAT, NFκB, Wnt	Extremely Safe
8	Mebendazole	Hedgehog	Safe
9	Metformin	P13K/Akt	Extremely Safe
10	Vitamin D	Notch, Hedgehog	Extremely Safe



# Al Ranking Top 5 Anti-Cancer Drugs

Rank	Compound	Pathways Targeted	Safety Category
1	Ivermectin	WNT, Notch, Hedgehog	Safe
2	Mebendazole	WNT, Hedgehog	Safe
3	Fenbendazole	WNT, Hedgehog	Safe
4	Curcumin	All except JAK/STAT	Safe
5	Resveratrol	WNT, Notch	Safe
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# Curcumin, EGCG, Resveratrol, and Quercetin Effects Natural Killer T Cells in Cancer

Compound	Direct T Cell Effects	Indirect Mechanisms	Key Pathways/Cytokines Affected
Curcumin	Expands CD8 + T cells, enhances cytotoxicity	Converts Tregs to Th1, inhibits TGF-β/IL-10	Granzyme/Perforin, IFN-y, P13K/Akt
EGCG	Boosts T-cell proliferation at high doses	Activates macrophages/NK cells	P13K/Akt/mTOR, ROS pathways
Resveratrol	Activates CD8+ T cells via IL-18	Reprograms TAMs, enhances NK activity	IL-18, PD-1/PD-L1
Quercetin	Sensitizes tumors to T cell killing	Inhibits PD-1/PD-L1, induces apoptosis	STAT-3, mitochondrial apoptosis

These phytochemicals collectively enhance anti-tumor immunity by targeting both cancer cells and immune suppression mechanisms.



# Ivermectin Anti-cancer Pathways

#### **Apoptosis Induction**

- Upregulating Proapoptotic proteins like Bax and downregulating antiapoptotic Bcl-2
- Activating caspase 3/7
- Blocking the Wnt/B-catenin pathway

#### Autophagy via PAK1/Akt/mTOR inhibition

Ivermectin expressed in 72% cancers degrades PAK1

#### **Cell Cycle Arrest**

- S-phase arrest
- GO/G1-phase arrest

#### Immunogenic cell death

• Ivermectin converts "Cold" tumors to Hot" tumors by reducing immunosuppressive cells like Tregs and myeloid-derived suppressor cells



#### 34-year Female Stage III Breast Cancer

#### Ketogenic diet + Ivermectin 60 mg/day for 4 months





# CANCER CANCER

Approach to the Use of Repurposed Drugs in Patients with Cancer Paul E. Marik, MD, FCCM, FCCP Justus R. Hope, MD



# Limited Therapy

- Low carbohydrate, Low Glycemic Broccoli sprouts 2x to 3x per week (sulforaphane), brewed green tea (< 4 cups/day)</li>
- 2. Ivermectin 2-0.4 mg/kg/day (0.3 mg/kg/day).
- Doxycycline 50 mg daily taken together with 2 g oral vitamin C (consider cycling after 6 months)
- 4. Vitamin D 10 000 U daily and Vitamin K2 100 ug (monitor 25-OH Vit D and PTH levels)
- 5. Curcumin extract twice daily (high bioavailability). Daily dose of 2 -4 g titrate up to 8 g/day
- 6. Melatonin 20 mg at night (titrate up from 5 mg)
- 7. Resveratrol 500 mg twice a day (high bioavailable)
- 8. Green tea extract (EGCG) twice a day (< 800 mg/day)





# Aggressive Therapy

- 1. Low Glycemic "ketogenic diet" (add broccoli sprouts 2x to 3x per week).
- 2. Ivermectin 0.4-0.8 mg/kg/day (0.6 mg/kg/day). Increase the dose as tolerated up to 1 mg/kg/day if the response is
- 3. Mebendazole 200 mg daily
- 4. Doxycycline 50 mg daily taken together with 2g oral vitamin C (consider cycling after 6 months)
- 5. Vitamin D 10 000 U daily and Vitamin K2 100 ug (monitor 25-OH Vit d and PTH levels). Titrate to achieve a low normal PTH level (Coimbra Protocol)
- 6. Curcumin extract twice daily (high bioavailability)
- 7. Metformin 500 1000 mg twice daily
- 8. Green tea extract (EGCG) twice a day (< 800 mg/day)
- 9. Melatonin 20 mg at night (titrate up from 5 mg)
- 10. Resveratrol 500 mg twice a day (high bioavailable)
- 11. Modified Citrus Pectin (Pectasol 14.4 g/day; 6 tablets three times a day)
- 12. Sulforaphane (free stabilized sulforaphane extracted from broccoli seeds); dosage varies
- 13. Omega 3 fatty acids 2-4 g/day
- 14. Atorvastatin 40-80 mg daily or simvastatin 40 mg daily (do not use long term or cause a precipitous reduction of LDL due to increased risk of dementia)
- 15. Propranolol 20-40 mg twice daily
- 16. Quercetin 500-1000 mg twice daily



### Therapies by Cancer

#### **PROSTATE CANCER**

- 1. Doxycycline (plus vitamin C)
- 2. EGCG
- 3. Ivermectin
- 4. Sulforaphane
- 5. Curcumin
- 6. Metformin
- Modified Citrus Pectin (Pectasol 4 g/day; 6 tablets three times a day)
- 8. Mebendazole
- 9. Resveratrol
- 10. Zinc 15mg (dose < 20mg) for nonmetastatic See caution below\*
- 11. Quercetin (synergizes with EGCG)



#### **COLORECTAL CANCER**

- 1. Ivermectin
- 2. Curcumin
- 3. Sulforaphane
- 4. Metformin
- 5. Atorvastatin/simvastatin
- 6. Modified Citrus Pectin
- 7. Resveratrol
- 8. EGCG

#### **BREAST CANCER**

- 1. Mebendazole
- 2. Ivermectin
- 3. Curcumin
- 4. Doxycycline and vitamin C
- 5. Sulforaphane
- 6. Modified citrus pectin
- 7. Atorvastatin/simvastatin
- 8. Resveratrol
- 9. EGCG



#### LUNG CANCER (SMALL CELL)

- 1. Curcumin
- 2. EGCG
- 3. Metformin
- 4. Mebendazole
- 5. Sulforaphane
- 6. Atorvastatin/Simvastatin
- 7. Doxycycline and vitamin C

**Clinical Applications of Cancer-Associated Cells Present in the Blood of Cancer Patients** 



Cancer-associated macrophage-like cells (CAMLs)

Circulating tumor cell (CTC)

Circulating Cancer DNA (ctDNA)

