FLCCC ALLIANCE

I-MASK+ Protocol

For Prevention of Covid-19 and Exposure

AM = morning
PM = night

Ivermectin 0.2mg/kg WITH FOOD

- 1 dose today, repeat in 48 hrs
- 1 dose 2x/ week as long as you are at risk
- EXPOSURE: Ivermectin 0.4 mg/kg WITH FOOD

Vitamins and Supplements:

- Vitamin D3 1,000-3,000 units per day AM
- Vitamin C 500-1,000 mg 2x/ day AM
- Zinc 30-40 mg per day AM
- Quercetin 250 mg per day PM
- Melatonin 6 mg per day PM

Gargle and Rinse:

- 2x/day with CPC mouthwash, Listerine™, or povidone-iodine mouthwash AM/PM

For Early treatment of Covid-19 (order of importance)

AND / OR

Ivermectin: 0.4-0.6 mg/kg WITH FOOD

- 1 dose daily for 5 days, or until recovered

Nitazoxanide: 500mg WITH FOOD

- 2x/day for 5 days
- combine with ivermectin
- substitute for ivermectin if not available

AND

Gargle and Oral/Nasal Rinse:

- Gargle 3 x daily- do not swallow antiseptic mouthwash with CPC, Listerine™, povidone-iodine mouthwash
- Nose drops or spray- 1% povidone-iodine

AND

Aspirin: 325 mg per day

- unless contraindicated

AND

Vitamins and Supplements:

- Vitamin D3 4,000 units per day AM/PM
- Vitamin C 500-1,000 mg 2x/day AM/PM
- Zinc 100 mg per day AM/PM
- Quercetin 250 mg 2x/day AM/PM
- Melatonin 10 mg per day PM

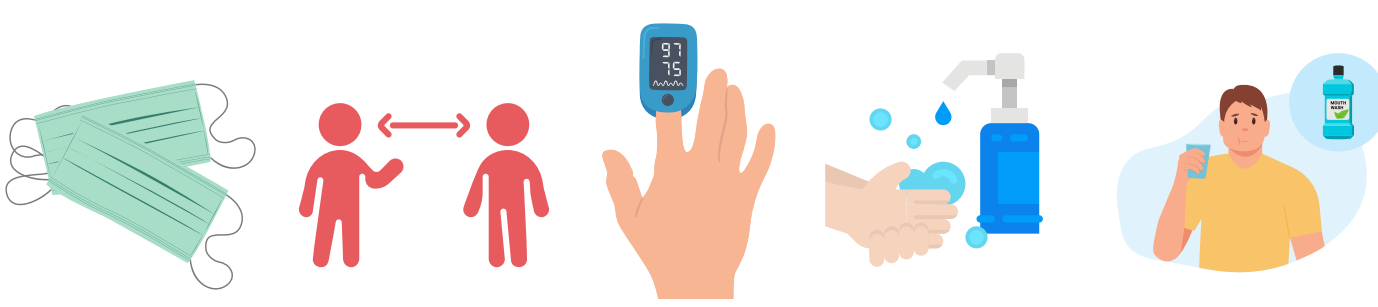
AND / OR

Adjuncts for Therapy if needed (and/or):

- Spironolactone 100 mg 2x/ day for 10 days AND Dutasteride 2mg day 1, and then 1 mg for 10 days
- Finestride 10mg 1x day for 10 days if Dutasteride unavailable
- Fluvoxamine 50 mg 2x/ day 1 dose daily for 10-14 days OR Fluxetine 30 mg 1x/ day for 10 days (avoid if pt on SSRIs)
- Monoclonal antibodies WITHIN 7 DAYS of first symptoms

With prevention and early treatment we can save lives.

- Dosage may be updated as further scientific studies emerge.
- The safety of Ivermectin in pregnancy has not been established.
- Always use the protocols in collaboration with a prescribing provider.



During outbreaks: wear masks, maintain distance, wash and disinfect hands for atleast 20-30 seconds to prevent spread of infection, and use a pulse oximeter to check your oxygen levels.

More information: flccc.net